



WHAT TO DO WHEN YOU HAVE UNMANAGEABLE DEBTS?

Acknowledge. Analyse. Act.

The following are the three steps that you can adopt in overcoming your unmanageable debts.

1

**Acknowledge
that you have
unmanageable
debts**

- Do not be in denial. Admit that you have a problem, especially if you are experiencing some of the signs discussed earlier in this chapter
- Stop incurring any new debts. This includes paying for goods and services with your credit card

2

**Analyse
your situation
to assess your
financial standing**

- Organise your loan statements to gauge exactly how much you owe
- Compare your total debt repayments to your income
- Prioritise the repayments of your debts. Pay off overdue loans and debts with higher interest rates first

